



**Saturday, October 16, 2021**  
**Hyatt House LA**  
Hybrid Conference  
8:00 am - 4:30 pm

## **Rheumatology Update for the Clinician**

**Course Director:**  
**Daniel G. Arkfeld, MD**

Keck School of Medicine of **USC**

*Presented By:*  
*Department of Medicine: Division of Rheumatology  
and USC Office of Continuing Medical Education*

# PROGRAM AGENDA

- 8:00 am **Live Registration Opens**  
**Virtual Login Begins**  
**Live Attendee Continental Breakfast**
- 9:00 am **Welcome and Opening Remarks**  
*Daniel G. Arkfeld, MD*

## Session I: Focus on RA and Spondylarthritis

*Moderator: Glenn R. Ehresmann, MD*

- 9:05 am **Update on Treating RA**  
*Glenn R. Ehresmann, MD*
- 9:25 am **Rheumatology Secrets Update**  
*Sterling West, MD, MACP, MACR*
- 10:10 am **Spondylarthritis and Psoriatic Arthritis Update**  
*Daniel G. Arkfeld, MD*
- 10:30 am **Break**

## Session II: Rheumatology Disorders from A to Z

*Moderator: Shuntaro Shinada, MD*

- 10:45 am **Lupus and Connective Tissue Disorders**  
*Leanna Wise, MD, MPH*
- 11:05 am **How to Stop the Gout Attack**  
*Francisco P. Quismorio, Jr., MD, MACR*
- 11:20 am **Stump the Chump**  
*Moderator: Daniel G. Arkfeld, MD*  
*Panel: Glenn R. Ehresmann, MD*  
*Francisco P. Quismorio, Jr., MD, MACR*  
*Sterling West, MD, MACP, MACR*  
*Leanna Wise, MD, MPH*

- 12:00 pm **Lunch**

## Session III: Treating the Spectrum of Rheumatic Disorders

*Moderator: Elizabeth Taylor-Albert, MD*

- 1:00 pm **Vasculitis**  
*Tanaz A. Kermani, MD, MS*
- 1:40 pm **\*\*New Insights Into the Management of Obesity in Arthritis Patients**  
*Michael Albert, MD and*  
*Elizabeth Taylor-Albert, MD*  
**10-Minute Summary Followed by Question and Answer**
- 2:20 pm **Break**

## Session IV: Novel Therapies in Rheumatic Syndromes

*Moderator: Daniel G. Arkfeld, MD*

- 2:30 pm **Fibromyalgia**  
*Samy Metyas, MD, MSc*
- 2:50 pm **Osteoporosis**  
*Stuart L. Silverman, MD*
- 3:05 pm **Pain Management in Rheumatological Disorders from A to Z**  
*Allison Chacon, PharmD*  
**CBD/THC Debate: Should They Be Used for the Treatment of Rheumatic Disorders?**  
*Moderator: Daniel G. Arkfeld, MD*  
**Pro: Stuart L. Silverman, MD**  
**Against: Samy Metyas, MD, MSc**  
**Faculty Panel on Treating Rheumatic Disorders with CBD/THC**
- 3:20 pm
- 3:35 pm
- 3:50 pm
- 4:00 pm **Question and Answer**
- 4:30 pm **Adjourn**

**\*\*This talk will be posted on Whova, the conference virtual platform, and available for review prior to the conference.**

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# FACULTY

## COURSE DIRECTOR

**Daniel G. Arkfeld, MD**  
Professor of Clinical Medicine  
Division of Rheumatology  
Department of Medicine  
Keck School of Medicine of USC



## SPECIAL GUEST

**Sterling West, MD, MACP, MACR**  
Professor of Medicine  
Division of Rheumatology  
Department of Medicine  
University of Colorado School of Medicine  
Aurora, CO

## KECK SCHOOL OF MEDICINE

### Faculty

**Glenn R. Ehresmann, MD**  
Associate Professor of Clinical Medicine  
Division of Rheumatology  
Department of Medicine

**Francisco P. Quismorio, Jr., MD, MACR, FACP**  
Professor of Medicine and Pathology  
Division of Rheumatology  
Department of Medicine

**Shuntaro Shinada, MD**  
Assistant Professor of Clinical Medicine  
Division of Rheumatology  
Department of Medicine

**Elizabeth Taylor-Albert, MD, FACP**  
Assistant Professor of Clinical Medicine  
Division of Rheumatology  
Department of Medicine

**Leanna Wise, MD, MPH**  
Assistant Professor of Clinical Medicine  
Division of Rheumatology  
Department of Medicine

## GUEST FACULTY

### Faculty

**Michael Albert, MD, DABOM**  
Chief Medical Officer, *Accomplish Health*  
Los Angeles, CA

**Tanaz A. Kermani, MD, MS**  
Director, UCLA Vasculitis Program  
Associate Clinical Professor  
Division of Rheumatology  
David Geffen School of Medicine at UCLA  
Los Angeles, CA

**Samy Metyas, MD, MSc, FACP, FACP**  
Clinical Associate Professor  
Division of Rheumatology  
Department of Medicine  
Keck School of Medicine of USC  
Covina Arthritis Clinic  
Covina, CA

**Stuart L. Silverman, MD, FACP, FACP**  
Clinical Professor of Medicine  
Cedars Sinai Medical Center and  
David Geffen School of Medicine at UCLA  
Medical Director, OMC Clinical Research Center  
Los Angeles, CA

**Allison Chacon, PharmD**  
PGY-2 Community-Based Resident  
Pain Management/Rheumatology  
Adjunct Clinical Instructor of Pharmacy Practice  
USC School of Pharmacy

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## COURSE DESCRIPTION

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*Rheumatology Update for the Clinician* is designed to provide rheumatologists and primary care physicians with up-to-date information on how to recognize, diagnose, treat and follow common rheumatologic conditions. Distinguished faculty will give didactic lectures on disease-specific topics including: the diagnosis and treatment of RA, PSA, gout, lupus and Osteoporosis. The role of imaging of these disorders with radiological techniques will be reviewed. An in-depth exploration of autoimmunity will be presented. The educational format includes case studies and panel discussions, allowing participants the opportunity to attain and integrate new, practical information into their clinical practices to improve patient care and outcomes. Alternative pain modalities will also be debated and discussed.

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## COURSE OBJECTIVES

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By the end of the course, participants will be able to:

- Analyze new and novel treatment in rheumatic disorders.
- Discuss current guidelines in treating rheumatic disorders.
- Differentiate on a clinical basis from over 150 types of arthritis.
- Distinguish the pathophysiology of RA, SLE, gout, psoriatic arthritis and AS.
- Explore differences in biologic agents used in the field of rheumatology.
- Debate the use of THC in treating RA and rheumatic disorders.
- Review new developments in the field of rheumatology.

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## TARGET AUDIENCE

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This course is intended for all levels of healthcare professionals with interest in the care of the rheumatology patient. Audience includes practicing physicians, surgical trainees, medical students, nurses, physicians' assistants and other allied healthcare providers.

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## ACCREDITATION STATEMENT

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The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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## CREDIT DESIGNATION

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The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 6 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 6 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number. Physician's Assistants: The National Commission on Certification of Physicians' Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

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## COVID-19 GUIDELINES

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COVID-19 guidelines issued by the Centers for Disease Control, Los Angeles County and the University of Southern California will be strictly observed. If live attendance is discouraged as conference date approaches, registrants will have the option of participating virtually or requesting a full refund. Proof of vaccination or negative test results 48 hours prior to live attendance will be required.

## REGISTRATION FORM

### Rheumatology Update for the Clinician

Hybrid Conference - October 16, 2021

**Live or Virtual** Registration closes October 16, 2021 at 10:00 am PDT.

**Tuition:** Choose one:  Live Attendance  Virtual Attendance

\$100 MD, DO

\$60 NP/PA/APP

\$60 RN/AH

Complimentary: Students, Residents, Fellows

\$200 Industry

**Cancellation:** Cancellations must be received by the USC Office of CME (fax or email) by October 11, 12:00 pm PDT for a refund. In support of health care professionals' need for flexibility during COVID-19, cancellation fees are waived for a full refund. In the event of course cancellation by conference organizers, all registration fees will be fully refunded. USC will not refund any travel costs incurred.

**Location:** Hyatt House LA-University Medical Center, USC Health Sciences Campus  
2200 Trojan Way, Los Angeles, CA 90033

**Register:** **Mail:** 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033  
Mail-in registration must be postmarked by October 8, 2021.

**Online:** [keckusc.cloud-cme.com/rheum2021](http://keckusc.cloud-cme.com/rheum2021)

**Phone:** (213) 220-5168 | **Fax:** 1 (888) 665-8650

**Email:** [usccme@usc.edu](mailto:usccme@usc.edu)

Registration available the morning of the conference only until 10:00 am, PDT.

Please visit [keckusc.cloud-cme.com/rheum2021](http://keckusc.cloud-cme.com/rheum2021)

NAME \_\_\_\_\_ DEGREE \_\_\_\_\_

MEDICAL LICENSE NUMBER \_\_\_\_\_

TELEPHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SPECIALTY \_\_\_\_\_

EMAIL ADDRESS\* \_\_\_\_\_

INSTITUTIONAL AFFILIATION \_\_\_\_\_

\*Registration confirmation and event reminder will be emailed.

#### METHOD OF PAYMENT:

No cash payment accepted.

Check (Check payable to USC. Check payment must be postmarked by October 8, 2021)

Credit Card (American Express, Mastercard or Visa)

CREDIT CARD NUMBER \_\_\_\_\_

EXPIRATION DATE \_\_\_\_\_ SECURITY CODE \_\_\_\_\_

AUTHORIZED SIGNER \_\_\_\_\_ AMOUNT \$ \_\_\_\_\_



COURSES ARE SUBJECT TO CANCELLATION.

# Keck School of Medicine of USC

Office of Continuing Medical Education

1540 Alcazar Street, CHP 223

Los Angeles, CA 90033



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Non-Profit  
U.S. Postage  
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of Southern  
California